

BARNSTABLE RECREATION/HYCC SUMMER PROGRAM BROCHURE 2024

141 Bassett Lane, Hyannis, MA 02601
508-790-6345 <https://townofbarnstable.us>

RESIDENT REGISTRATION BEGINS: **Wednesday, May 8, 2024**

NON-RESIDENT REGISTRATION BEGINS: **Wednesday, May 22, 2024**



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IN CASE OF AN "OOPS"

Complete details of program policies, procedures and guidelines are omitted from the program brochure because of space limitations. Errors in days, times, registration requirements and fees may occur as well. We apologize for any errors that may occur in this brochure. Thank you for your patience and understanding when these situations occur.

WEATHER CANCELLATIONS

Cancellations due to weather will be decided by the program coordinator as soon as possible. Phone calls will be made to home/schools and we will make every effort to post program cancellations and closings on our Facebook and Instagram pages and email households with active email addresses.

CANCELLATIONS/CHANGES

We reserve the right to change class dates or times. We may also cancel classes due to low enrollment or other reasons beyond our control.

SOCIAL MEDIA

Facebook: @BarnstableRec
Instagram: Barnstable_Recreation



If English is your second language, you can translate this brochure here: <https://translate.google.com/?tr=f&hl=en>



ANNUAL MEMBERSHIP

\$20 Residents / \$40 Non-Residents

Ask about discounted Family Memberships!

- . FREE Membership for all Barnstable students**
 - . Walking Track**
 - . Public Open Gym**
 - . Game Room**

- **Online** registration is available beginning at 8:45 AM on the first day of registration (Residents - Wednesday, May 8, 2024/ Non-Residents - Wednesday, March 22, 2024) and then 24/7 each day after. You may log onto our online registration feature at www.townofbarnstable.us/recreation and click on the "On-line Registration" button. You will need a user name and password in order to utilize the online program registration system. Call the Recreation Office during regular office hours (M-F, 8:30AM-4:30PM) if you need assistance with the online registration software. We HIGHLY recommend that you sign into the on-line system a few days before registration to make sure your account is working properly. **Please be advised that our software system WILL NOT allow parents/ guardians to UPDATE the birth date, age, or grade of their child(ren). Please verify that this information is correct. If it needs to be changed, please contact the Recreation Division at 508-790-6345, or recweb@town.barnstable.ma.us** Unfortunately, if you do not randomly review your household account for accuracy, your child(ren) may be locked out of a program because of age/grade restrictions.
- **Walk-in** registration hours are Monday through Friday, 8:45AM to 4:00PM, at 141 Bassett Lane, Hyannis, MA 02601. If you choose to visit our facility to enroll in a program, you may download a registration form at www.townofbarnstable.us/recreation. For your convenience, printed forms are also available at 141 Bassett Lane, Hyannis, MA.

Payment in full must be received prior to the start of the program. Financial Aid is available for all qualifying applicants. To apply, complete and submit a Financial Aid form with your Tax Returns and ANY OTHER DOCUMENTATION EVIDENCING ASSISTANCE YOU ARE CURRENTLY RECEIVING such as Sec. 8, Disability, child support, etc.

RULES AND REGULATIONS

- Participants and Parents must follow Recreation/HYCC Discipline Procedures and Parent Code of Conduct when participating in a program or at the HYCC. These documents can be found on our website.
- Town of Barnstable is not responsible for any lost or stolen property at any of our programs.
- Barnstable Recreation follows regulations stating that participants are not allowed to wear jewelry while participating in sport activities.
- All times, dates, and programs are subject to change. Contact the Program Coordinator in charge of your program for any updated schedules or changes.
- Resident registration will begin Wednesday, May 8, 2024.
- Non-Resident registration will begin on Wednesday, May 22, 2024.
- Pre-Registrations, early sign ups, emails, mail ins and faxes are not accepted.
- Non-Resident fees are doubled unless otherwise specified.
- Registration is conducted on a first-come, first-served basis and age/grade guidelines are strictly observed. You may only register one household at a time.
- Proof of residency: Tax bill, vehicle registration and/or personal check. PO BOXES ARE NOT ACCEPTED AS PROOF OF RESIDENCY.
- Financial Aid applicants must pay 50% of the program costs at the time of registration.
- Prior to the start of the program, refunds will be given minus a \$10 Administration fee.
- REFUNDS ARE NOT ISSUED ON OR AFTER THE START OF THE PROGRAM. NO SWITCHING OF CLASSES WILL BE ALLOWED AFTER YOUR FIRST SCHEDULED CLASS OF THE SEASON.
- Participants who are absent from a class will not be allowed to make up the class.

HOW TO OBTAIN A BEACH/WAYS TO WATER PARKING PERMIT

Below are the options by which you can obtain a 2024 Parking Permit. Please be advised that Parking Permits are no longer being issued in person.

Online: Beach stickers may be purchased online by logging into <https://barnstablema.viewpointcloud.com/categories/1089> and following the instructions to purchase your permit(s) (**ctrl + click to access**).

To access a step-by-step guide to online process, please click on link: <https://www.town.barnstable.ma.us/Departments/Recreation/Online%20Guide-Resident%20Parking%20Permits.pdf> (**ctrl + click to access**).

By Mail: Mail-in applications can be downloaded from townofbarnstable.us the link: <https://www.town.barnstable.ma.us/.../Beach-Stickers.asp> (**ctrl + click to access**). Permit applications are available at the Hyannis Youth & Community Center (HYCC) if you are unable to print the application.

Drop Box: Completed forms can be placed in the drop box located outside the front door of the HYCC. Permit applications may be picked up at the HYCC.

If you have questions, please call the Parking Permit hotline at 508-790-6345 X145 and a Recreation Division team member will get back to you as soon as possible.

PROGRAM LOCATION KEY

BHS	744 West Main Street, Hyannis
Beth Walsh Dance Centre	2792 Falmouth Road, Osterville
CCCC	2240 Iyannough Rd, West Barnstable
Craigville Beach	997 Craigville Beach Road, Centerville
Dowses Beach	348 East Bay Road, Osterville
Hyannis Fire Department	95 High School Road, Hyannis
Hyannis Youth & Comm. Center	141 Bassett Lane, Hyannis
Kalmus Beach	670 Ocean Street, Hyannis
Lorusso Complex: Little Fenway	165 Bearses Way, Hyannis
McBarron Field	940 Old Falmouth Road, Marstons Mills
Sandy Neck Beach (Bodfish Park)	590 Sandy Neck Road, W. Barnstable
Veteran's Beach	480 Ocean Street, Hyannis
WBCA	135 Crooked Cartway, Marstons Mills
West Barnstable Comm. Bld.	2377 Meetinghouse Way, West Barnstable
West Villages Elementary	760 Ost.-W. Barnstable Road, Marstons Mills
YMCA	2245 Iyannough Road, West Barnstable

RECREATION CONTACTS

For details on any program, you can reach a staff member by calling 508-790-6345 during business hours (Mon-Fri 8:30 AM - 4:30 PM) or email anytime using the following format: first-name.lastname@town.barnstable.ma.us

NAME, TITLE	PHONE EXT.
John Gleason, Recreation Director	128
George Noonan, Assistant Recreation Director.....	127
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Michele Arigo, Administrative Assistant .....	114
Kellie Crawley, Program Coordinator.....	129
Michelle Davies, Therapeutic / Program Coordinator.....	
Aneta Dokuzova-Robbins, PT Division Assistant.....	
Sandra Merritt, Principal Division Assistant.....	113
Jack Kapanke, Program Coordinator .....	105
Brian Puopolo, PT Division Assistant.....	

### HYCC CONTACTS

Mark Boardley, HYCC Manager .....	116
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Jeremy Hatstat, Facility Supervisor	133
Steven Headley, Youth Center Manager	102
Jacqueline Keaney, Program Coordinator.....	112

BARNSTABLE POLICE OFFICER BRIAN MORRISON

Officer Morrison provides all of the staff and guests at the Hyannis Youth & Community Center with dedicated service! He has an office inside the HYCC and offers fun and educational programs and events like the annual Bike Safety Rodeo in the parking lot, assistance with crucial holiday time support through Stuff a Bus and Toys for Tots. Plus he's just an all around great guy! Thank you Officer Morrison!



PLAYGROUNDS & OUTDOOR PARKS

DISC GOLF

Burgess Park Rt. 149, Marstons Mills

DOG PARK

Barnstable Dog Park 1431 Phinney's Lane, Barnstable

OUTDOOR BASKETBALL

Barnstable High School 744 West Main St, Hyannis

Hyannis West Elementary School 549 West Main St., Hyannis

Hyannis Youth & Community Center 141 Bassett Ln, Hyannis

PLAYGROUNDS

Barnstable-West Barnstable Elementary School

2463 Main St, Rt. 6A, W. Barnstable

BCIS Playground 165 Bearses Way, Hyannis

Centerville Elementary School 658 Bay Ln, Centerville

Centerville Playground 524 Main St, next to Centerville Rec. Building

Luke's Love All-Inclusive Playground 2377 Meetinghouse Way, Rt. 149, W. Barnstable

Osterville Bay Playground 99 West Bay Road, Osterville

Veteran's Park Beach 480 Ocean St, Hyannis (Must have a parking permit to park or pay \$25 to park between 8:30AM to 4PM).

West Villages & Barnstable United Elementary Schools 760 & 730

Osterville-W. Barnstable Road, Marstons Mills

TENNIS & PICKLEBALL* COURTS

(*Both Tennis & Pickleball Courts are available unless indicated)

Barnstable High School 744 W. Main St, Hyannis (Tennis only)

BWB Elementary School 2463 Main St, Rt. 6A, W. Barnstable

West Villages, 760 Osterville-West Barnstable Road, Marstons Mills

Cotuit Off Main Street, across from Todd Way, Cotuit

Osterville Village First Ave, Osterville

GOLF COURSES

Hyannis Golf Course 1800 Iyannough Road, Hyannis

Olde Barnstable Golf Course 1460 Rte. 149, Marstons Mills

BARNSTABLE SKATE PARK Monday-Sunday 9:00 AM—8:00 PM

APRIL 16- NOVEMBER 17

The Skate Park will be unsupervised by Recreation staff. Users of the facility must follow the rules. In the event of rain or wet ramps, we will not open and/or will close early. Admission to the park is free!

Contact: Jackie Keaney



2024 LEISURE PROGRAM REGISTRATION INFORMATION

The Leisure Program is an all-day summer program for children entering grades 1-8 in the fall of 2024. A great way to play games, be creative and head out for the beach and fieldtrips on a hot summer day! Join us this summer and meet new friends. Monday - Friday: Seven weeks of fun in the sun!

REGISTRATION DATES: Wednesday, April 10 (Residents) & Wednesday, May 1 (Non-Resident)

FEE: \$1,400 (\$5/hr.)

TIME: Registration begins at 8:45AM, On-line or In-Person, Hyannis Youth & Community Center

PROGRAM DATES: July 1—August 16, 2024 (**No Program 7/4**)

PROGRAM TIME: 8:30 AM—4:30 PM

PROGRAM SITES: TBA

PARENT ORIENTATION DATE: June 15, 2024

REGISTRATION PACKETS: Available starting early March

Located in the lobby of the Hyannis Youth & Community Center

Located on our website: www.townofbarnstable.us/recreation

You may also request one by email:

michelle.davies@town.barnstable.ma.us

ON-LINE REGISTRATION

Go to www.townofbarnstable.us/recreation. Click on the "Online Registration" button. You will need a user name and password in order to utilize the online program registration system. If you are new to the system, please create an account on the online registration system. We HIGHLY recommend that you sign into the online system a few days before registration to make sure your account is working properly. After you have registered online, you will need to get a Registration Packet and fill it out in its entirety and return it to us. Locations for packets are listed above. **You have one week after the date of your registration to return all paperwork.**

IN-PERSON REGISTRATION

Starting at 8:45AM- 4:00PM, Monday- Friday at the Hyannis Youth & Community Center. If you are coming In-Person to register, please have a completed Registration packet at the time of your registration. If you do not bring it: **You have one week after the date of your registration to return the remaining paperwork.**

RETURNING YOUR PACKET:

E- MAIL: michelle.davies@town.barnstable.ma.us

FAX: 508-790-6279 ATT: Michelle Davies (Also ask your physician to fax over your child's physical and vaccinations)

IN-PERSON: Make sure that packet is secure with a staple or in an envelope and drop it the black Parking Permit DROP BOX at the front of the HYCC.

- Please make sure the entire packet is completed.
- Master Card & Visa are accepted. Please fill out the bottom of your registration form with your information to make this process faster.
- Any household with an outstanding balance to the Town of Barnstable will not be able to register.

Financial Aid and Grant Funding is available for qualified households. Forms are located on our website or at the front desk of the Hyannis Youth & Community Center.

LEISURE PROGRAM APPLICANTS 2024

LEISURE PROGRAM POSITIONS

	<u>RATE OF PAY</u>
Leisure Program Assistant Coordinator	\$18.25/hour
Leisure Program Director	\$18.00/hour
Leisure Program Assistant Director	\$17.00/hour
Leisure Program Counselor	\$16.00/hour
Leisure Program One-One/ Special Needs Counselor	\$18.00/hour
Leisure Program Nurse/Program Specialist	\$30.00/hour

POSITION HOURS

Monday- Friday

Staff Hours: 7:30 AM-4:45 PM

Program dates: July 1-August 16, 2024

MUST BE AVAILABLE FOR STAFF ORIENTATION:

June 25-June 28, 8:30 AM-4:00 PM

Coordinators/Directors/Nurse must also be available: Saturday,

June 15, 9:15-11:15 AM for Parent Orientation

Minimum Requirements for Counselors: Must be at least 16 years of age with some experience working with children. Must be First Aid/ CPR Certified (or signed up for a Red Cross class to be completed prior to the start of employment). Must pass CORI/SORI check. Employees less than 18 years of age will need to get a work permit from the front office at their school.

Michelle Davies will be accepting applications starting **February 1, 2024**. Please apply on line at: www.townofbarnstable.us/recreation and click on Employment on the top bar of the home page. Interviews will begin sometime in March.

SCAN ME TO APPLY



BEACH PROGRAMS

SANDY NECK JR. RANGER: GRADES 4-7 SANDY NECK \$65
Wednesdays July 10—August 7 9:30 AM-12:00 PM
 Come explore the Sandy Neck barrier beach ecosystem as a Jr. Ranger. Jr. Rangers will earn their badge by participating in outdoor hikes, identifying local plants and animals including endangered species, learning how to rescue marine mammals such as dolphins and seals, and most of all having fun. Jr. Rangers must be able to attend four out of five sessions to be eligible for the program. Space is limited to 12. **Meet at the Sandy Neck Gatehouse. Contact: Kellie Crawley**

BEACH VOLLEYBALL: GRADES 4-7 CRAIGVILLE BEACH \$50
Tuesdays July 9—Aug 20 5:00-6:00 PM
 Looking for a fun activity to wrap up a beautiful summer day? Come to Craigville Beach and play beach volleyball with your friends! We will practice serving, passing, setting, and attacking with fun drills before getting into games. **Contact: Jack Kapanke**

BEACH YOGA FOR KIDS: AGES 4 -10 VETERAN'S BEACH \$40/\$10 DROP-IN
Mondays July 1—July 22 5:30-6:15 PM
Mondays July 29—August 19 5:30-6:15 PM
 A fun and active beach yoga class for kids ages 4-10 that can help strengthen minds, bodies and imaginations through yoga poses, breath work and simple meditation. Class ends with restorative poses leaving your child happy and relaxed! Please bring water and a large beach towel or yoga mat. **Must have at least 6 participants to run this program. Contact: George Noonan**

SUNRISE YOGA VETERAN'S BEACH \$40/\$10 DROP-IN
Mondays June 3—June 24 7:00-8:00 AM
Mondays July 1—July 22 7:00-8:00 AM
Mondays July 22—August 19 7:00-8:00 AM
 There's no better place to practice yoga than on a beach in the summer, listening to the sounds of the waves. Build strength, flexibility, improve balance, all while learning to manage stress and promote calm focus. This relaxing yoga class will incorporate a gentle flow appropriate for beginners as well as more experienced practitioners. Bring a towel or two (mats are slippery in the sand) and wear loose, comfortable clothing. **Must have at least 6 participants to run this program. Contact: George Noonan**

NIGHT YOGA CRAIGVILLE BEACH \$40/\$10 DROP-IN
Thursdays June 6—June 27 5:30-6:30 PM
Thursdays July 11—August 1 5:30-6:30 PM
Thursdays August 8—August 29 5:30-6:30 PM
 There's no better place to practice yoga than on a beach in the summer, listening to the sounds of the waves. Build strength, flexibility, improve balance, all while learning to manage stress and promote calm focus. This relaxing yoga class will incorporate a gentle flow appropriate for beginners as well as more experienced practitioners. Bring a towel or two (mats are slippery in the sand) and wear loose, comfortable clothing. **Must have at least 6 participants to run this program. Contact: George Noonan**

Barnstable Yoga Programs are brought to you in collaboration with Yoga Neighborhood. For more information, visit www.yoganeighborhood.org

BEACH BOOTCAMP: 18+

CRAIGVILLE BEACH

RESIDENT \$80/\$10 DROP-IN

NON-RESIDENT \$120/\$15 DROP-IN

Fridays

June 21—August 16

7:00-8:00 AM

No Program: 7/5

Join us for an exhilarating experience at our beach boot camp classes where the sun-kissed shores of Craigville Beach become our gym! Our sessions will have a flow of warm-up, bodyweight exercises, running, stretching, relays, and cool down blended with the serenity of the seaside, offering a dynamic workout for all fitness levels. Feel the sand beneath your feet as you push your limits, strengthen your body, and rejuvenate your spirit in the most scenic setting imaginable. It's not just a workout—it's a transformative journey towards your best self. Bring a beach towel, water, and your enthusiasm! **Contact: George Noonan**

LIFEGUARD TRAINING

JR. LIFEGUARD TRAINING

CRAIGVILLE BEACH

\$70

Tuesdays & Thursdays

July 9—August 15

10:00-11:30 AM

Ages 13-14. This class prepares you for Lifeguard Training. It is necessary to pass a Red Cross Level 6 swim test the first day in order to participate. Full refunds will be issued if participant cannot pass the swim test. **Contact: George Noonan**

LIFEGUARD TRAINING

CRAIGVILLE BEACH

\$200

Tuesdays & Thursdays

July 9—August 15

1:00-3:00 PM

Ages 15+. This six week class includes CPR, First Aid and LGT Waterfront Certifications. Pass it and you're certified to guard! It is necessary to pass a Red Cross Level 6 swim test the first day in order to participate. Full refunds will be issued if participant cannot pass the swim test. **Contact: George Noonan**

LIFEGUARD TRYOUTS

April 27, May 11, & June 1

YMCA

Swim Test

9:30 AM

HYCC

Interviews/CPR and First Aid Demos

12:30 PM

Call 508-790-6345 x127 to sign up NOW! Applications for hire will be accepted beginning Thursday, February 1. You must complete the test on one of these dates with an 80% or better in each area to be considered for any Lifeguard, Lifeguard/Swim Instructor, Head Lifeguard, Head Swim Instructor or, Sailing Instructor positions. Qualifications required for these positions are Lifeguard Training (including First Aid) for Waterfront, CPR for the Professional Rescuer, Red Cross Certification and Water Safety Instructor Certification (preferred for hire). All Water Safety Staff must be 17 years of age or older (16 with one season as a Lifeguard Aide and approved prior to this season), with the exception of the Lifeguard Aide Position, which requires all the same certifications but you are eligible at age 15. All positions will be filled after the last tryout.

Contact: George Noonan

**Already certified?
Apply now by
scanning QR Code**



SWIM LESSONS

Mondays & Wednesdays Classes: June 24 through August 5
or
Tuesdays & Thursdays Classes: June 25 through August 1

SWIM LESSON FEES

\$50 **Water Babies & Levels 1 & 2 (30 Minute Classes)**

\$65 **Levels 3-6 (45 Minute Classes)**

\$70 **Advanced Progressive Swim (Requires Passing Level 6)**
(Unless otherwise specified)

WATER BABIES I: Must be **6 months old**
Parent is required to participate in the water with child and instructor. Beginning to get comfortable in the water using toys, repetitive songs, and games.

LOCATION MON DAYS & WEDNESDAYS
Kalmus Beach 10:00AM-10:30AM

WATER BABIES II: Must be **2 years old**
Parent is required to participate in the water with child and instructor. A step above WBI, with more games and songs with practice head submersion in water.

LOCATION TUESDAYS & THURSDAYS
Kalmus Beach 10:00AM-10:30AM

** Swim lessons and locations are based on the number of lifeguards we have on staff for the summer. If staffing allows, we will add more lessons and locations.*



IMPORTANT NOTICE: BEACH PARKING FOR SWIM LESSONS

In order to park your vehicle at any of the bathing beaches where programming takes place, you will need to pay for daily parking or obtain a Resident Parking Permit. Non-residents are encouraged to sign up for swimming lessons, but they must know that parking at resident bathing beaches is not an option. Only residents with valid Parking Permits will be allowed to park. Non-residents should choose their lessons at Public Bathing Beaches.

SWIM LEVEL PROGRAM INFORMATION

Must be 3+ years old

DOWSE BEACH

LEVEL	MON & WED	or	TUE & THU
1	9:30-10:00 AM		11:15-11:45 AM
1	12:00-12:30 PM		—
2	10:00-10:30 AM		10:00-10:30 AM
2	—		11:45 AM-12:15 PM
3	10:30-11:15 AM		10:30-11:15 AM
3	1:30-2:15 PM		—
4	11:15 AM-12:00 PM		1:00-1:45 PM
5	3:00-3:45 PM		12:15-1:00 PM
6	12:30-1:15 PM		1:45-2:30 PM
*Adv. Progressive Swim	2:15-3:00 PM		9:15-10:00 AM

KALMUS BEACH

LEVEL	MON & WED	or	TUE & THU
1	10:30-11:00 AM		10:30-11:00 AM
1	—		2:30-3:00 PM
2	11:00-11:30 AM		11:00-11:30 AM
3	11:30 AM-12:15 PM		11:30 AM-12:15 PM
4	1:00-1:45 PM		1:00-1:45 PM
5	1:45PM-2:30PM		—
6	—		1:45-2:30 PM
*Adv. Progressive Swim	2:45-3:30 PM		—

** Swim lessons and locations are based on the number of lifeguards we have on staff for the summer. If staffing allows, we will add more lessons and locations.*

SCAN FOR SWIM LEVEL INFORMATION





JFK SAILING PROGRAM

JOHN F. KENNEDY SAILING PROGRAM VETERAN'S BEACH \$110
 Ages 10-13. Pre-requisite - must pass a Red Cross Level 5/Intermediate swim test in order to participate. Full refunds will be issued if participant cannot pass the swim test the first day. Birth Certificates may be required if age is questioned. **Contact: George Noonan**

MONDAYS & WEDNESDAYS JULY 1—AUGUST 12
Novice / Intermediate 8:00—10:30 AM
Novice 10:30 AM—1:00 PM
Intermediate/ Advanced 1:30 PM—4:00 PM

**Novice class participants have never sailed before and are looking to gain skills necessary for sailing.*

*** Novice/Intermediate class participants are new to sailing and/or have sailed before on a limited basis.*

****Intermediate/Advanced class participants have sailed before, feel pretty confident in their skills, and have participated in the program for at least one year.*

JFK EXTENDED YOUTH SAILING PROGRAM VETERAN'S BEACH \$200
Mondays & Wednesdays **July 1—August 12** **5:30—7:30 PM**
 Ages 14-18. Pre-requisite - must pass a Red Cross Level 5 swim test the first night in order to participate. THIS IS FOR Novice/Intermediate Participants. *Full refunds will be issued if participant cannot pass the swim test. **Contact: George Noonan**



Adult & Adaptive Sailing is offered by Sail Cape Cod
For more details visit: www.sailcapecod.org

PROGRAMS

SUMMER VOLLEYBALL PROGRAM HYCC \$180
Monday-Thursday **June 17—June 20** **8:30 AM-2:30 PM**

Setters Division (Entering Grades 3 & 4)

Diggers Division (Entering Grades 5 & 6)

Spikers Division (Entering Grades 7 & 8)

The Barnstable Recreation Summer Volleyball Program is one of the most reputable programs that we offer (see Coach Turco bio below). It is designed to introduce the skills of the sport of volleyball to youngsters in a fun and informative environment. Developing an enjoyment of the game and learning proper skills and rules are our main objectives. Girls and boys will learn how to serve, pass, set and hit, as well as enjoy and experience fun situational games. Please provide your children with sneakers, proper clothing, water, snacks, and lunch daily.

Coach Turco is currently the Girl's Volleyball Coach for Barnstable High School, as well as the Director of the Cape Cod Junior Olympics Volleyball Program. Tom has completed training in CAP (Coached Accreditation Program). Tom has led his high school girl's team to victory in 18 Division I State Championship Games. His overall record is 763-81 with a winning percentage of 90% Coach Turco has been named Boston Globe Division I Volleyball 5. Coach Turco was named American Volleyball Coaches Association National High School Coach of the Year in 2009.

Contact: Kellie Crawley

YOUTH POLICE ACADEMY HYCC \$40
Wednesdays: K-3 **June 26—August 7** **9:00-9:45 AM**
Wednesdays: 4-7 **June 26—August 7** **10:00-10:45 AM**

This program is geared towards children interested in learning about police work. The program will consist of daily police duties, evidence gathering, K-9 demonstration, guest lectures, a tour of the Barnstable Police Station, and more. The program will end with a graduation ceremony at Kids Day. **Contact: Jack Kapanke**

YOUTH FIRE ACADEMY: AGES 7-11 HYANNIS FIRE FREE
Monday-Friday **July 15—July 19** **8:00-4:00 PM**

This structured program will introduce children to fire service, physical exercise, and fire & life safety. Each day will have set schedule with a variety of demos and joint evolutions with professional firefighters. Firefighter/instructors will supervise children the entire time. Free breakfast and lunch will be provided. The last day will have a short graduation ceremony with a presentation by the children. Parents, friends, and public will be encouraged to attend. **Hyannis children will receive preference in registration.** 2023 Youth Fire Academy participants are not eligible to be enrolled for this year's program.

Contact: Jack Kapanke

MINI GOLF TOUR: GRADES 4-7 HYCC \$100
Tuesdays **July 9—Aug 20** **12:00-3:00 PM**

This exciting and competitive program takes the participants on a tour of Cape Cod's best mini golf courses. With a scoring system just like the pros, the participant with the best score across the seven weeks will be crowned the champion. Pick-up times could change slightly due to summer travel, and this program is weather dependent.

Contact: Jack Kapanke

DANCE BETH WALSH DANCE CENTRE \$70
Thursdays **June 27—August 8**
Preschool: Ages 3-5 9:00-9:45 AM
Intro to Hip Hop: Grades 1-4 10:00-10:45 AM
Hip Hop/Acro Class: Ages 4-8 4:00-4:45 PM
 These programs will focus on entry level technique. Participants will have the opportunity to learn in a fun, safe and creative dance studio with top level instruction by Beth Walsh. **Contact: Kellie Crawley**

SANDLOT BASEBALL: GRADES 4-7 LORUSSO FIELDS \$35
Mondays **July 8—August 19** **1:30-3:00PM**
 Play ball! This old-school summer baseball program will bring back the fun vibes of the legendary baseball movie, The Sandlot. We'll take batting practice, compete in skills-based mini games, have a home run derby, and play a lot of pickup games. Make sure you don't forget your baseball glove! **Contact: Jack Kapanke**

WIFFLE BALL: GRADES 2-7 LORUSSO COMPLEX: LITTLE FENWAY \$15
Thursdays **July 11—August 22** **4:30-5:30 PM**
 Come to Little Fenway for our seven-week wiffleball program. We'll practice skills, play pickup games, and have a home run derby where we try to hit it over the Green Monster! **Contact: Jack Kapanke**

MONDAY MANHUNT: GRADES 4-7 BHS FIELDS \$30
Mondays **July 8—August 19** **7:30-9:00 PM**
 Make some memories with friends as we play manhunt in the dark! Each night the group will be split into two teams, and then we'll play the classic game of manhunt - one team is trying to tag all of the hidiers, while the hidiers try to sneak or sprint their way to their base. The game ends when all the hidiers are either in jail or at their base. Flashlights will be provided, and participants must wear sneakers!
Contact: Jack Kapanke

WACKY WEDNESDAYS: GRADES 2-7 HYCC FREE
Wednesdays **July 10—August 21** **1:30-3:00 PM**
 Are you looking for some free fun? Come join Jackie and Jack to play organized games with friends. Drop-off is at the HYCC lobby. Everyone who would like to participate must register for this program, even if you are only coming once. **Contact: Jackie Keaney & Jack Kapanke**

SUMMER ARTS & CRAFTS: GRADES 1-4 HYCC \$70
Fridays **July 12—August 23** **3:00-4:00 PM**
 Participants will have the opportunity to express themselves through a wide variety of crafts, projects and mediums. Each class will focus on a different form of art and expression using lots of recycled materials! Make sure to wear "crafty" clothing in case we get a little messy!
Contact: Jackie Keaney

MOUTAIN BIKING: GRADES 3-12 CCCC/WBCA RESIDENT \$130/\$180*
Fridays **August 30—September 27** **4:30-6:00 PM**
 NON-RESIDENT \$150/\$200*
 Thanks to our friends at Sea Sports we are offering this exciting program. The first week we will meet at Sea Sports for a brief orientation. After that we will meet at Cape Cod Community College for two weeks, and then the West Barnstable Conservation Area off Crooked Cartway in Marstons Mills for the final two weeks. **If you need a bike, there is limited availability.** (*Fee is \$130 or \$150 if you have your own bike; \$180 or \$200 if you need to borrow one.) **Contact: Jack Kapanke**

MAD SCIENCE: AGES 6-12 HYCC: COMPUTER LAB \$200
Monday-Friday July 22–July 26 9:00 AM-12:00 PM
 In this week long Awesome Activity Week, students will experiment with making all types of flying objects to learn about the forces of flight at work. Explore what makes things fly from hot air balloons to simple planes to solid fueled rockets! Build your own rocket to take home. Learn about the amazing galaxy where we live - the Milky Way!
Daily Themes: The "Wright" Stuff - Up, Up, & Away, The Milky Way, Rockin' Rockets, Newton's Loco-Motion
Contact: Jackie Keaney

STREET HOCKEY: GRADES 1-7 HYCC (PARKING LOT) \$35
Tuesdays July 9–August 20 4:00-5:00 PM
 Come play pick up street hockey! We will pick new teams each week. This program is weather dependent. Please dress with proper outdoor attire. **Contact: Jackie Keaney**

STREET SOCCER: GRADES 4-7 HYCC (PARKING LOT) FREE
Thursdays July 11–August 22 4:00-5:00 PM
 Come play pick up soccer in our new street soccer cage! We will pick new teams each week. This program is weather dependent. Please dress with proper athletic outdoor attire. **Contact: Jackie Keaney**

ULTIMATE FRISBEE CLINIC: AGES 10-14 MCBARRON FIELD \$150
Monday-Friday July 8-July 12 9:00 AM-12:00 PM
 Learn and play this fast-paced sport that is a combination of Frisbee, Football and Soccer. Lots of running, instruction, and game play. Learn from College aged players. **Contact: Jack Kapanke**

TENNIS IN THE PARKS

United States Tennis Association of New England partners with local parks and recreation departments to deliver affordable and accessible turnkey tennis programs to all. These tennis programs focus on developing the skills to serve, rally, and play more quickly utilizing modified tennis balls, age-appropriate racquets, and court sizes. The latest fun and engaging activities will help all players successfully learn and play the game of tennis quicker!

RED BALL (GRADES 1 & 2) WV TENNIS COURTS \$80
Wednesdays July 10–Aug 14 3:00-4:00 PM

ORANGE BALL (GRADES 3-5) WV TENNIS COURTS \$80
Wednesdays July 10–Aug 14 4:00-5:00 PM

GREEN BALL (GRADES 6-8) WV TENNIS COURTS \$80
Wednesdays July 10–Aug 14 5:00-6:00 PM

The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are developed, participants will play fun matches with other players. We use modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket, and a program t-shirt! There is a minimum of 7 players and maximum of 8 players to run this program. **Contact: Kellie Crawley**

ADULTS 18+
Wednesdays

WV TENNIS COURTS
July 10–Aug 14

\$85
6:00-7:30 PM

Learn and Play Tennis! Led by a USTA Approved Coach, participants will have fun and get great exercise while developing the skills to serve, rally, and play tennis. The program is perfect for first-time and beginner players, as well as returning novice players. All players in their first session receive and keep a new tennis racket! There is a minimum of 7 players and maximum of 8 players to run this program.

Contact: Kellie Crawley

Straight-Up Pickleball

All Barnstable Recreation pickleball lessons will be taught by Straight-Up Pickleball, founded by Laura and Karl Uggerholt. Straight-Up's experienced and caring Coaching Team will offer comprehensive pickleball lessons, allowing players to advance through a consistent curriculum at their own pace. The instructors are excited about the season and look forward to sharing what they know about a sport they love with great people!



PICKLEBALL CLINIC: BEGINNER (2 SESSIONS) WV PICKLEBALL COURTS \$65
Thursdays: August 15 & 22 (Rain date: August 29) 4:00-5:30 PM

Learn to play pickleball in two 90-minute lessons! The course will include learning the rules of the game, player positioning and the various shots (ground strokes, volleys, serves, dinks, etc.) Instruction will include drills to learn shots and game playing to put the skills learned into practice. You will be off and playing upon course completion!

PICKLEBALL CLINIC: BEGINNER (1 SESSION) WV PICKLEBALL COURTS \$60
Monday: July 8 (Rain date: July 22) 5:00-7:30 PM

Learn to play pickleball in one 2.5-hour lesson! The course will include learning the rules of the game, player positioning and the various shots (ground strokes, volleys, serves, dinks, etc.) Instruction will include drills to learn shots and game playing to put the skills learned into practice. You will be off and playing upon course completion!

PICKLEBALL CLINIC: NOVICE (2 SESSIONS) WV PICKLEBALL COURTS \$65
Thursdays: August 15 & 22 (Rain date: August 29) 5:45-7:15 PM

Designed for people who recently learned to play pickleball and are ready to refine their skill sets. The Straight-Up Coaches will focus on topics such as shot selection, skills refinement, positioning, and serve/return consistency. Qualified participants know the rules, how to serve and return, and how to keep score.

COME PLAY WITH COACHES WV PICKLEBALL COURTS \$35
Thursday: July 11 (Rain date: July 18) 6:45-7:45 PM
Monday: August 12 (Rain date: August 26) 6:30-7:30 PM

This fun and engaging one-hour lesson format includes playing games with three students on a court with one of two experienced coach and is appropriate for intermediate and advanced students. Strategy and shot selection are reviewed and discussed to hone in on what transpired and identify alternative options. Students receive specific and actionable feedback. **Note: Students will be grouped based on level of experience. This clinic is for people who are comfortable with the basics of pickleball. Newer to the game? Check out our Novice Clinics!**

SKILLS CLINIC: WORKING THE TRANSITION ZONE WV PICKLEBALL COURTS \$40
Monday: August 12 (Rain date: August 26) 4:45-6:15 PM

The serving team's proper movement to the net through the transition zone is game changing and challenging. Doing so allows your team to neutralize the return team's advantage, giving your team the opportunity to set up winning rallies. This clinic will teach transition zone strategy, movement, and shot selection. There is nothing like the feeling of neutralization when your team makes it smoothly to the non-volley zone! Appropriate for intermediate and advanced students, the first 60 minutes will focus on technique while the last 30 minutes will be practice with implementation through game play. Option: follow-up with "Play with the Coaches" to continue working on implementation. **Note: Students will be grouped based on level of experience. This clinic is for people who already know the rules and basics of pickleball. Students looking to learn the game or who are newer to the game should check out the Beginner and Novice Clinics.**

SKILLS CLINIC: FOOTWORK, MOVEMENT, & COURT POSITIONING WV COURTS \$40
Monday: September 16 (Rain date: September 23) 4:00-5:30 PM

When done correctly, these three skills will impact every aspect of your game in all locations on the court. Questions to ask yourself...what am I doing with my feet after a shot? How do I move appropriately to set myself up for a shot in front of my body? Where do I go after my shot? Where should I be in relation to my partner? Your coaches will address these questions with the goal of you developing new neuro-pathways in your brain, so proper footwork, movement, and court positioning become second nature over time. Appropriate for intermediate and advanced students, the first 60 minutes will focus on technique while the last 30 minutes will be practice with implementation through game play. Option: follow-up with "Play with the Coaches" to continue working on implementation. **Note: Students will be grouped based on level of experience. This clinic is for people who already know the rules and basics of pickleball. Students looking to learn the game or who are newer to the game should check out the Beginner and Novice Clinics.**

SKILLS CLINIC: WINNING GAME STRATEGIES-PART 2 WV PICKLEBALL COURTS \$40
Thursday: July 11 (Rain date: July 18) 5:00-6:30 PM

Part 2 of a 2-part series (Part 1 May 9th) focusing on tips and techniques key to winning on the court through consistency and mind-set. Students will learn and practice the second half of the "Winning Game Strategies" for 60 minutes and implement through play in the last 30 minutes of the lesson. Part 1 attendance is not a prerequisite to attend Part 2. Appropriate for intermediate and advanced students. Option: follow-up with "Play with the Coaches" to continue working on implementation. **Note: Students will be grouped based on level of experience. This clinic is for people who already know the rules and the basics of pickleball. Students looking to learn the game or who are newer to the game should check out the Beginner and Novice Clinics.**

TWO AND A COACH WV PICKLEBALL COURTS \$90/GROUP
Monday: July 15 (Rain date: July 22) 5:00-6:00 PM
Monday: August 19 (Rain date: August 26) 5:00-6:00 PM
Thursday: September 12 (Rain date: August 26) 4:30-5:30 PM

Are you interested in more personalized coaching with a fellow player? If so, this one-hour coaching session is perfect for you! The lesson will be led by a fun and knowledgeable Straight-Up Coach and will allow full, focused, and personalized instruction for 2 players signing up for a lesson together (one slot). The participants will have the opportunity to focus on strategies and mechanics, leaving the hour with an improvement plan and a sense of accomplishment. **Note: the "Two and a Coach" lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic.**

PRIVATE: ONE TO ONE LESSON WV PICKLEBALL COURTS \$80
Monday: July 15 (Rain date: July 22) 6:15-7:15 PM
Monday: August 19 (Rain date: August 26) 6:15-7:15 PM
Thursday: September 12 (Rain date: August 26) 5:45-6:45 PM

This one-hour lesson is perfect for the player interested in focusing on a specific skill or strategy to increase his or her consistency on the court. Drop shots, serve consistency, footwork, mindfulness, soft hands, effective return of serve, overheads, lobs, the coach will be there for you! Fun and focused! **Note: Private lessons are for players who already know how to play pickleball. It is recommended those interested in learning pickleball for the first time sign up for a Beginner Clinic.**

PICKLEBALL: ROUND ROBINS WV PICKLEBALL COURTS \$10
Wednesday: July 31 (Rain date: August 1) 5:30-7:30 PM

A fun and competitive event, which is organized by skill level. Participants will play six games with varying partners and opponents. The Round Robin will be a great way to get to know people and improve your game!

PICKLEBALL COURTS

Calling all Pickleball players! There will be organized free play on Monday-Saturday from 8:00 AM to 12:00 PM at the Barnstable Pickleball Courts. Courts are located at 760 Osterville West Barnstable Road in Marstons Mills.



**SCAN FOR DETAILS
 ABOUT ORGANIZED
 PICKLEBALL PLAY**





THE FIRST TEE - MASSACHUSETTS
 at Hyannis Golf Course
 FOR AGES 7-18
 firstteemass.org
 Kyle Harris: kharris@massgolf.org



BARNSTABLE GOLF: JR. GOLF MEMBERSHIPS ARE JUST \$150/YR.



GIRLS HS VOLLEYBALL LEAGUE

HYCC

\$85

Tuesdays & Thursdays
No Program: 7/4

June 25—August 15

5:00-9:00 PM

Two Division league - JV & Varsity. Twelve players max per team. This league is meant to give high school players an opportunity to play with their team during the summer and to work on their skills. This is a fun and competitive league. Don't hesitate, register your team before May 24! **Contact: Stephen Headley**

JR BARNSTABLE BASKETBALL CLINIC
All Players entering Grades 3-7
Monday-Thursday
Monday-Friday (No 7/4)

HYCC

\$150

June 24—June 27

9:00 AM-1:00 PM

July 1—July 5

9:00 AM-1:00 PM

Come join BHS Varsity Coaches Alik Taylor/Mia Crawley and their staff as they provide your child with a positive, competitive atmosphere where players can work on their game through a variety of skills, drills, and games. **Contact: Stephen Headley**

YOUTH BASKETBALL LEAGUE : GRADES 4-7

HYCC

\$80

Mondays & Wednesdays

June 24—August 8

5:00-8:00 PM

This eight week program is a co-ed league with a 4+5 and 6+7 Division. Each team will play 12 games followed by playoffs. This league is designed so that children can continue to develop their game during the summer! Every participant will receive a team shirt.

Contact: Stephen Headley

COMMUNITY YOGA: ADULTS 18+

HYCC GYM

FREE

Tuesdays

Ongoing year round

8:30-9:30 AM

Tuesdays

July 9—August 27

7:00-8:00 AM

Come strengthen your mind, body, and soul all while relieving some of the stress in your life. Classes are taught by our partners at Yoga Neighborhood. Bring your own mat or use one of ours. No registration required, drop-in any day. **Contact: Stephen Headley**

CHAIR-SUPPORTED YOGA: ADULTS 18+ HYCC SHEPLEY ROOM FREE
Wednesdays Ongoing year round 10:00-11:00 AM
Wednesdays June 26—August 7 11:30 AM-12:30 PM

Chair supported Yoga is a simple Hatha yoga class focused on stretching, improving balance and building strength. This is an ideal class for anyone who struggles getting up and down off the floor. Classes are taught by our partners at Yoga Neighborhood. No registration required, drop-in any day.
Contact: Stephen Headley

GAME ROOM HYCC MEMBERSHIP OR DAY PASS
Monday—Friday Ongoing 9:00 AM-8:00 PM

All Ages, Community Groups and Day Hab Programs feel free to come and get out of the heat and enjoy our Pool Tables, Ping Pong Tables, and other games or take advantage of the free Wi-Fi.
Contact: Stephen Headley

PUBLIC GYM: VOLLEYBALL HYCC MEMBERSHIP OR DAY PASS
Sundays May 5—November 24

This is time dedicated to those who want to play and work on their skills with others, or to play recreational pickup games. Please check our website's event calendar for up to date times, age restrictions, and cancellations if any. **Contact: Stephen Headley**

PUBLIC GYM: BASKETBALL HYCC MEMBERSHIP OR DAY PASS
Saturdays May 4—November 23

This is time dedicated to those who want to play and work on their skills with others, or to play recreational pickup games. Please check our website's event calendar for up to date times, age restrictions, and cancellations if any. **Contact: Stephen Headley**

DROP-IN PROGRAMS

*Rink Drop-in Programs are scheduled monthly and subject to change.
 Please check the web site or call for updated schedules!*

PUBLIC SKATING HYCC \$8 ADULTS/\$6 STUDENTS/\$3 SENIORS
 Please check website or call for days and times. Open to the public, ice skating is a great way to spend time together. Rental skates (\$6) are available in youth and adult sizes. Ask about our frequent skater punch cards! **Days/Times subject to change.**

PICK-UP HOCKEY/STICK PRACTICE HYCC \$12/SKATER
 Please check website or call for days and times. Take some time to sharpen your skills and play some pick-up hockey/stick practice. Dedicated times are available for Adults (18+), Families (12 and under with an adult), Seniors (50+) and High School (grades 8-12). Helmets are required and full gear is recommended. **Days/Times subject to change.**

WALK-ON FREESTYLE ICE SKATING HYCC \$16/SKATER
 Please check web site or call for schedule. Open to certain levels of figure skaters to work on programs, moves in the field or freestyle elements. Private lessons with prior approval of coaching certification by Program Manager. **Days/Times subject to change.**

STROLLER SKATE HYCC \$5/ADULT & STROLLER
 \$5 /ADDITIONAL SKATER
 Please check web site or call for schedule. Ice is open to families with strollers and additional family members to skate.

HYCC SKATING SCHOOL: CLINIC POLICIES

- Our classes are 45 mins long and run for seven weeks **unless otherwise noted**.
- Figure skates with toe picks are strongly recommended for Figure Skating Clinic. This includes the TOT Program. Invest in your own skates. **RENTAL SKATES ARE AVAILABLE FOR \$6!**
- Gloves and hats should be worn. Also, a heavy sweater or short jacket is recommended for better mobility.
- **Helmets are required for all participants enrolled that are 6 years old and under.** Helmets are also recommended for beginner level participants (Tots, Basic 1 & 2). Helmets with cages are strongly recommended for all hockey participants.
- Discipline is necessary on the ice at all times to ensure each participant gets the most from their lesson and practice session. Children must be able to listen and take direction.
- Parents will NOT be allowed near the lesson areas or on the ice at any time. Parents are asked to stay away from the glass and ice area so they do not attract the attention of the skaters. This will help prevent disruptions to the class.
- Attendance will be taken on the ice by the skating instructor during each class. If the child misses half of the classes, he/she will not be permitted to test. There are no exceptions to this rule. **There are no make up classes.**
- **IT IS VERY IMPORTANT THAT YOUR CHILD IS ON TIME FOR THEIR LESSON.**
- The Hyannis Youth & Community Center strongly urges parents to stay during their child's lesson. In case of an emergency, it is beneficial to have the parent/guardian present.
- If your child comes off the ice and is cold, please have him/her remain in the warming house for 5-10 minutes or until warm before sending them back on to the ice.
- It is recommended that the participants practice their skills outside of their lesson. This may be done during public skating sessions. Participants receive a public skating pass that grants them access to any public skate while they are in the program and leading up to the starts date of the next session. Schedules are available monthly in the rink rental room.
- Any cancellations due to inclement weather will be announced on the local radio stations, on our Facebook page, and our website. **Lessons that are cancelled by the Hyannis Youth & Community Center/HYCC SKATING SCHOOL may not be rescheduled.**
- NO REFUNDS WILL BE ISSUED AFTER THE FIRST SCHEDULED LESSON.
- Instructors reserve the right to move a child to the appropriate level class.
- children in Kindergarten or 5 years old and first time participants should sign up for Basic 1.

**LTS USA FEES AND MEMBERSHIP
(UNLESS OTHERWISE NOTED):**

LEARN TO SKATE FEES AND USFSA MEMBERSHIP (unless otherwise noted)

\$111 Resident / \$121 Non-Resident without a current USFSA Membership
 \$95 Resident / \$105 Non-Resident with current USFSA Membership
 \$150 for Learn to Skate / Play Hockey
 \$16 USFSA Membership fee

Due to program requirements, annual memberships to USFSA are required by every participant and the valid dates are July 1, 2024 to June 30, 2025. USA Hockey and MA Hockey cannot be used for a substitute.

LEARN TO SKATE USA

HYCC SKATING

TOTS CLASS Saturdays

HYCC
July 13–August 17

RESIDENT \$90/NON-RESIDENT \$100
8:00-8:30 AM

This is an introductory class divided into four progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating. These classes are designed to help children six and younger develop the ABCs of movement: agility, balance, coordination and speed. The ABCs are essential for developing fundamental movement skills and physical literacy. All classes will be taught in a safe and positive environment, incorporating fun and games making class time an enjoyable experience for all. This class is only 30 minutes long. All participants must be 3 and 4 years old by the start of the program. This is an unassisted class.

BASIC 1+2 Saturdays Saturdays

HYCC
July 13–August 17
July 13–August 17

RESIDENT \$111/NON-RESIDENT \$121
8:30-9:15 AM
9:15-10:00 AM

These introductory levels allow new skaters with no prior skating experience to build confidence while learning to skate. This is an unassisted class; parents will not be allowed on the ice. Note the class is 30 minutes with a 15 minute free skate.

BASIC 3-6 Saturdays

HYCC
July 13–August 17

RESIDENT \$111/NON-RESIDENT \$121
10:00-10:45 AM

These levels develop all of the fundamental skating skills on the ice. Focus is on learning the ABCs of basic athleticism: agility, balance, coordination and speed. Upon completion of these levels, skaters will be able to confidently advance to more specialized areas of skating. Participants must pass Basic 1 and 2 to join. This is an unassisted class; parents will not be allowed on the ice. Note the class is 30 minutes with a 15 minute free skate.

Contact: Jackie Keaney





**BARNSTABLE
RECREATION**

SUMMER SPECIAL EVENTS 2024

SWIM & SAFETY WEEK
Monday-Friday

BEACHES
July 15–July 19

FREE

Schedules will be posted at each beach. Aquatic staff will host demonstrations to help educate patrons and show the different situations Lifeguards are certified to handle; why rules and regulations are enforced; and what everyone can do to keep the beaches safe. See you there! **Contact: George Noonan**



INTER-BEACH SWIM MEET
Friday

KALMUS BEACH
August 2

SWIM PARTICIPANTS
12:30 PM

A fun competition for swim program participants at the end of the program. **Contact: George Noonan**



SWIM CARNIVALS

SWIM LESSON LOCATIONS
August 6-8 (tentative)

FREE

For swim lesson participants only! Various bathing beach sites/different days. Swim instructors will provide details during the summer.

Contact: George Noonan

MEAL DISTRIBUTION

THURSDAY NIGHT MEALS
Thursdays Nights

HYCC PARKING LOT
2 x per month/ Ongoing

FREE
4:30-5:30 PM

In collaboration with Family Table Collaborative and their partners, we will be helping distribute free meals every other Thursday night from 4:30pm-5:30pm in our parking lot. For more info go to Family Table Collaborative on Facebook or capeculinary.org. **Contact: Mark Boardley**